

The institution has adequate facilities for sports, games (indoor, outdoor),gymnasium, yoga centre etc., and cultural activities

S.S.G.S. Degree College has a sprawling Ten acres of well-groomed playground, facilitating the students to practice sports and play games without any disturbance to the academic activity even during the college timings. There is also an open air dais and a Gym center with in the area of college buildings. The dais is utilized by the people in the nearby surrounding area for Yoga and meditation at a time when they come to the college playground for morning walk. The state – of – the - art Gym established in 2015 with the XII plan UGC grants is also kept open off the college hours for the best utilization of both the students and the public.

Realizing the fact that the sound mind is possible only in a sound body, the institution reinforces the spirit of Swamy Vivekananda who said, “My country men should have nerves of steel, Muscles of iron and minds of thunder bolt”. This conviction of Swamy Vivekananda reminds the institution of its greater responsibility to develop the facilities for the physical education proportionate to the strength of sports and games loving students. The management has appointed a full time physical director and the college constituted a sports and games committee with physical director as convener and senior faculty as members under the chairmanship of the Principal. The committee regularly meets on the eve of Independence Day and the Republic Day to plan the college level sports and games activities and review the overall position of the college in terms of promotion and progress of the physical education. In fact our college stands as a proverbial breeding Centre for athletes and some games at National, State and University level competitions. Every year, the college is represented in every event of sports and games at inter collegiate meet organized by the University and got respectable positions. Some of the athletes and players, who have shown extraordinary performance in inter collegiate competitions were selected to represent at the inter university sports and games meet at National level and at the south zone level.

Sports Committee:

- Chairman – Dr. K. Ramakrishna Naidu, Principal
- Convener – K.Mahaboob Basha, Physical Director.
- Members – P. Gopal
A. Satya babu
C. Chandranna

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| Sports Area Details | Ball Badminton Court | : Available |
| | Badminton Court | : Available |
| | Basketball Court | : Available |
| | Cricket Field | : Available |
| | Running Track | : Available |
| | Foot Ball | : Available |
| | Volleyball Field | : Available |
| | Standard Non-Standard Track | : Available |
| | Hand Ball Field | : Available |
| | Hockey field | : Available |
| | Kho-Kho Field | : Available |
| | Kabaddi Court | : Available |
| | Total Area of Sports Fields | : 26000 |
| | Multipurpose Gym | : Available |
| | Multipurpose Gym Area | : 133 |

